

# **Volunteer Park Patrol**

We need people like you to help provide safe and enjoyable experiences for park guests. Park Patrol volunteers give information to park guests and offer basic first aid and emergency assistance as needed. Join us!

#### HELP BY PATROLLING

- Park Trails
- Horse Trails
- Regional Trails
- Hyland Hills Host (on foot at alpine area)
- District Wide Special Events

#### QUALIFICATIONS

- Minimum age 16 years (18 years for horse patrol unless accompanied by parent who is also a patroller)
- Good physical fitness
- Good customer service skills
- Intermediate skill level in chosen mode of patrolling

#### REQUIREMENTS

- Completion of all required training
- Criminal background check
- Provide own recreational equipment or horse

#### COMMITMENT

- 30 hours per year
- One year or more

#### BENEFITS

- · Pass fees waived while patrolling.
- Excellent training, valuable experience, and fun!
- Volunteer Fun Pass which provides access to park facilities with fees at a discount or free; depending upon the facility and hours of volunteer service.

#### FEES

- AHA CPR \$35
- First Aid \$25
- Course fees include mask and book.
- Needs based scholarships available.
- Patrollers are reimbursed fees paid for Three Rivers classes after they complete 30 hours of patrol service within 12 months of training.



### NEW PATROLLER TRAINING REQUIREMENTS

- Orientation (1.5 hours)
- American Heart Association (AHA) CPR
  (4 hours)
- AHA First Aid (4 hours)
- Bloodborne Pathogen training- online
- Patrol Simulation (2.5 hours)
- Winter Season All-Patrol Meeting (1.5 hours)
- Summer Season All-Patrol Meeting (1.5 hours)

#### REGISTRATION

- Annual registration is required.
- The form is enclosed or available at: ThreeRiversParks.org/volunteer

#### **QUESTIONS/FORM RETURN**

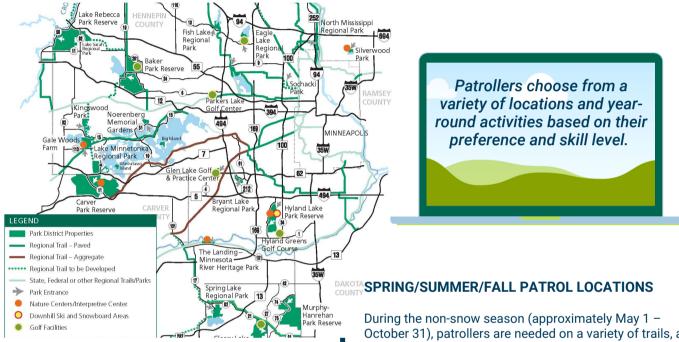
Contact Becca Conser, Volunteer Coordinator at 763-694-2070 or Volunteer@ThreeRiversParks.org. 3000 Xenium Lane, Plymouth, MN 55441



## **Park Patrol Locations**

Three Rivers Park District is a natural resources-based park system that manages park reserves, regional parks, regional trails, and special-use facilities in the Twin Cities metropolitan area. Three Rivers offers activities for every season, as well as programs for nature, recreation, history, art and farm education.

The mission of Three Rivers Park District is to promote environmental stewardship through recreation and education in a natural resources-based park system. Three Rivers owns and operates over 27,000 acres and serves millions of visitors annually.



#### WINTER PATROL LOCATIONS

When the snow flies, patrollers are needed at winter recreation areas on cross-country ski trails; selected snowshoe, walking or multi-use trails; winter horse trails; and at events, programs or races. Ski volunteers should choose a site within their ability level.

- Baker Park Reserve, Medina
- Carver Park Reserve, Victoria
- Cleary Lake Regional Park, Prior Lake
- Crow-Hassan Park Reserve, Rogers
- Eagle Lake Regional Park, Plymouth
- Elm Creek Park Reserve, Maple Grove
- Fish Lake Regional Park, Maple Grove
- French Regional Park, Plymouth
- Hyland Lake Park Reserve, Bloomington
- Kingswood Park, Minnetrista
- Lake Minnetonka Regional Park, Minnetrista
- Lake Rebecca Park Reserve, Rockford
- Murphy-Hanrehan Park Reserve, Savage
- Silverwood Park, St Anthony
- Spring Lake Regional Park, Prior Lake

During the non-snow season (approximately May 1 – October 31), patrollers are needed on a variety of trails, as well as at races and events. Volunteers patrol on bike, foot, horse, and in-line skates; depending on trail designations or facility needs.

- Baker Park Reserve, Medina
- Carver Park Reserve, Victoria
- Cleary Lake Regional Park, Prior Lake
- Crow-Hassan Park Reserve, Rogers
- Eagle Lake Regional Park, Plymouth
- Elm Creek Park Reserve, Maple Grove
- Fish Lake Regional Park, Maple Grove
- French Regional Park, Plymouth
- Gale Woods Farm, Minnetrista
- Hyland Lake Park Reserve, Bloomington
- Kingswood Park, Minnetrista
- Lake Minnetonka Regional Park, Minnetrista
- Lake Rebecca Park Reserve, Rockford
- Murphy-Hanrehan Park Reserve, Savage
- Spring Lake Regional Park, Prior Lake
- Silverwood Park, St Anthony

• Regional Trail System from April 1- November 14 Three Rivers operates a vast network of regional trails connecting many of the parks to each other and neighborhood trails.